

清靜經
Qingjing Jing
 Canon of Purity and Tranquility

Source: 三教同聲 *Sanjiao Tongsheng* (1592); reprinted in 琴曲集成 *Qinque Jicheng*, Vol. VI, pp. 113-115

Lyrics: For recitation as a Daoist morning lesson; also published in 太上全貞早談功德經 *Taishang Quanzhen zao tan gongde jing* (Beijing, *Zhongguo Daojiao Xiehui*, Beijing, 1983, pp. 24-27). It is prefaced by 太上老君說常清靜妙經 (The great master Laozi spoke the permanent purity and tranquility beautiful canon), to be sung in declamatory style before the text is 念 read; music for this canon is also in 武當山道教音樂 *Wudangshan Daojiao Yinyue*. (Information provided by Francois Picard)

Translation: Adapted from Livia Kohn, *The Taoist Experience*, pp.24-29 (1993)

Transcription: John Thompson (1999)

Mode: 碧玉 *Biyu* (main notes 6 and 3 (la and mi)

Tuning: same as *manjiao* (cf. *Huo Lin*); from standard tuning lower 1st, 3rd and 6th strings, giving 3 5 6 1 2 3 5 (relative pitch: here c (1) is approx. f as played on a *qin*)

(1)

Lao Jun yue: says: Da Dao wu xing, sheng yu tian di.
 Laozi says: The Great Dao has no form, it gives birth to and raises heaven and earth.

② 三 五 一 三 七 六 三 四 五 五

4

Da Dao wu qing, yun xing ri yue. Da Dao wu ming, chang yang wan wu.
 The Great Dao has no feelings, it regulates the course of the sun and moon. The Great Dao has no name, it raises and nourishes the myriad beings.

五 三 五 一 五 六 三 七 六 三 七 八 四 五 三 二

8

Wu bu zhi qi ming, qiang so I ming yue Dao.
 I don't know its name, so I call it it.

(化) 三 一 三 五 一 三 五 一 三 五

11 *a tempo*

夫道者，有清有濁，有動有靜；天清地濁，天動地靜；
 Fu Dao zhe, you qing you zhuo2, it has clarity and turbidity; you dong you jing; tian qing di zhuo, heaven is clear, earth is turbid; tian dong di jing; heaven moves, earth is tranquil;

男清女濁，男動女靜；降本流末。
 nan qing, nyu zhuo; male is clear, female is turbid; male moves, female is tranquil; jiang4 ben liu / descends from the original and flows (this all /) towards the end.

而生萬物，清者濁之源，靜者動之基；
 Er sheng wan wu, qing zhe zhuo zhi yuan, jing zhe dong zhi ji; But as this gives birth to the myriad beings, purity / the source of turbidity, (becomes /) (動) (靜) becomes / the root of movement; / (靜) (動) becomes / (靜) (動);

人能常清，靜，天地悉皆歸。
 ren neng chang qing, jing, tian di xi1 jue, gui. / if people could (but /) always be pure, and tranquil, heaven and earth would completely return / . (i.e., to the primordial)

(2)

29

Fu The 人神好清，而 ren shen hao qing1, er 人心好靜，而 Ren xin hao jing, er 慾 qian1 zhi.
human spirit loves purity, but feelings disturb it. (mind 心 摭 rao) The human mind loves tranquility, but desires drag us from it.

五 兮 勻 多 多 三 厎 四 勻 多 厦 三 勻 三 厎 四 勻 多 七

34

常能 遣其慾，而心 自 靜。澄其心，而神 自 清。
Changneng qian3 qi yu, er xin zi jing. Cheng qi xin, shen zi qing.
If one can always discard one's desires, then the mind calms itself. Cleanse the mind and the spirit clears itself.

卷三 勻三 勻五 勻六 徒 勻七 勻三 勻五 勻六 勻七 徒 勻七

41

自然 六 慾 不 生，三 毒 消 滅。
Zi ran liu yu bu sheng, san du xiao1 mie4.
Naturally the six desires won't arise, (and the) three poisons are destroyed.

六 兮 勻 上 立 厎 荷 多 七 勻 方 合 方 合 方 合 方 合 方 合 上 七

45

所 以 不 能 者，謂 心 未 澄 者，慾 未 遣 也。
Suo yi bu neng zhe, wei xin wei4 cheng zhe, yu wei qian ye.
Whoever cannot do this has a mind not yet cleansed, and desires not yet driven out, also.

七 勻 四 勻 多 勻 七 勻 下 八 勻 五 六 勻 七 勻 上 勻 七 勻 多 九 勻 七

49

能 Neng 遣 gian 者 zhe, 内 nei 觀 guan 其 qi 心 xin,
 Those who can abandon these (desires), through introspection observe the mind,

(方今)

大七 五三 上半 大六 二五 上五 大五 大六 五下 大七 大四 上四
 6.4 5.6 6.2 5.6 6.2 6.4

52

心無其心。 xin wu qi xin. 外觀其形， Wai guan from outside observe the body, (方今)
 and see there is no mind; and see there is no body.

足空大空大空大空 大半上半 大六 大六 大六 大六 大六 大六 大四上
 6.4 5.6 5.6 4.8 4.4 4.8 4.4 4.8 5.6 4.4 4.4 4.0 3.2 4.0 4.0 3.2 2.6

56

遠觀其物， Yuan guan Glancing afar they observe others (方今)
 and see there are no beings.

2.6 3.2 2.6 4.0

足五 五 大五 大五 上田

4.4

58 freely and lightly

三者既悟， San zhe jì wù, 唯見於空。 These three having been realized,唯 one only sees 空。

kong.
emptiness.

大四 大五 上田 二五 大半 上田 4.4 4.4

(3)

63

Guan kong yi kong,
Observe emptiness using emptiness,
(火人)

kong wu suo kong.
and see there is no emptiness.

Suo kong ji kong,
When even emptiness is no more,

wu wu
there is no more nonbeing either.
(黑)

觀 空 亦 空，
空 無 所 空。
所 空 既 空，
無 無 亦 無。

大四 大五 大四 大五 金雀
大四 大五 大四 大五 金雀

67

rit.

無 無 既 無，
Without the existence even of nonbeing,

湛 然 常 寂。
profound and everlasting all is serenity.

寂 無 所 寂，
When serenity dissolves to nothingness,

慾 豈 能 生？
how can desire arise?
(能生)

大五 大四 金雀 大三 金雀 大五 金雀 大五 大五 金雀 大五 大五 金雀

71

freely

a tempo

慾 Yu
When
既 ji 不 sheng,
no desire arises,

既 ji 是 zhen1
there is true

靜 jing.
tranquility.

貞 zhen jing 靜 jing 應 ying 物 wu,
True tranquility goes along / beings, with other

貞 zhen chang 常 de 性 xing.
true permanence realizes inner nature.
(得)

(大五) 三 正 中 半 上 大七 半 下 大六 外 四

77

常 chang 應 ying 常 chang 靜 jing,
Forever going along, forever tranquil:

常 chang 清 qing
this is permanent purity

靜 jing 矣 yi.
tranquility.

外 四 上 外 下 外 中 上 徒 下 引 上 六 九 五

12.3 **13.5 13.5** **8.5 mm.36 & 39**

(4)

79

如此 清靜, 漸漸(入) 貞道。
 Ru ci qing jing, jian jian (ru) zhen Dao.
 Like this in purity and tranquility gradually enter the true Dao.

81

既入貞道, 名爲得(道); 雖名得道, 實無所得。
 Ji ru zhen Dao, ming wei de (Dao); sui ming de Dao, shi wu suo de.
 When (one has) entered the true Dao, one can say this is "realization"; ("attaining the Dao") though one speaks of attaining the Dao, ("realization") actually there is nothing to attain.

85

謂化衆生, 名爲得道。
 Wei hua zhong⁴ sheng₁, ming wei de Dao.
 The so-called transformation of the myriad beings is what is called attaining the Dao. ("realization")

87

能悟之者, 可傳聖道。
 Neng wu⁴ zhi zhe, ke chuan sheng Dao.
 Only one who can properly understand this is worthy to transmit the sage's Dao.

(5)

91

老君曰：
Lao jun yue:
Laozi says,

上士無爭，
shang shi wu zheng,
The highest gentleman does not fight,

下士好爭。
xia shi hao zheng.
the lesser gentleman loves to fight.

蕪石松三上士
大士大士然已早三
大士七羊芍七上玉
6.4 7.3 6.4 5.6 5.0

95

上德不德，
Shang De bu De,
Highest Virtue is free from Virtue,

下德執德。
xia De zhi De.
Lesser Virtue clings to Virtue.

執著之者，
Zhi zhuo zhi zhe,
All clinging and attachments

不名道德。
bu ming Dao De.
are not related to the Dao or the Virtue.

大五大士七羊上早三
大士大士然已早三
大士七羊芍七上玉
5.6 6.4 6.4 6.4 6.2 5.6 6.4 6.2 5.6 6.2

99

衆生所似以
Zhong sheng suo yi
The reason people

不得貞道者，
bu de zhen Dao zhe,
do not attain realization of the Dao

謂見妄心。
wei jian wang4 xin.
they have deviant minds.
(有)

中七七夕四羊大士大士七羊大士大士大士大士
6.4

102

既見妄心，
ji4 jian wang4 xin,
Deviance in the mind
(有)

*即矜其身。
* ji2 jin1 means pride in the body.

既矜其身，
ji jin qi shen,
Pride in the body
(驚其神?)

即著萬物。
ji zhuo wan wu.
means there is clinging to things.

大九大士七羊大士大士大士大士大士大士
8.5 9.0 8.5 7.6 8.5

mm.84-86

(* or 即驚其神 ji jing qi shen
"means the spirit is alarmed")

106 *rit.*

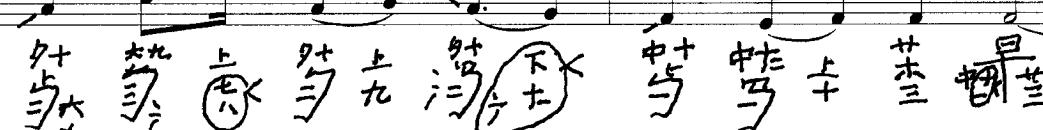
既 (著) 萬 物， 即 生 (貪求。)
Ji (zhuo) wan wu, ji sheng (tan qiu.)
Clinging to things there is searching and coveting.

既 生 貪求， 即 是) 煩 懶，
Ji sheng tan qiu, ji sheng) fan nao,
Searching and coveting there are passions and afflictions.



110 *slow*

煩 懶 妄 想 憂 苦 身 心。
fan nao wang xiang you ku shen xin.
Passions, afflictions, deviance, imaginings trouble and pester body and mind.

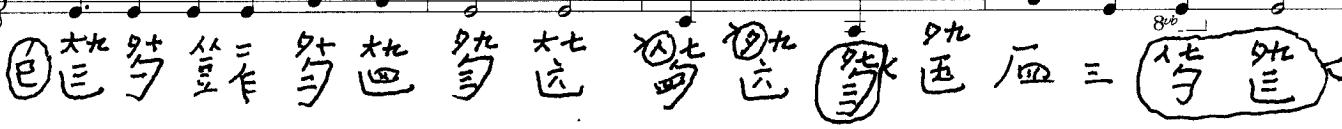


(6)

113 *slow and free*

便 遭 濁 辱， 流 浪 死 生。
Bian zao zhuo ru, liu lang si sheng.
Then one falls into / shame, ups and downs, life and death.

常 沉 苦 (海)， 永 失 貞 道。
Chang chen ku (hai), yong shi zhen Dao.
Forever immersed in the sea of misery, one is in eternity lost to realizing the Dao.



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貞 常 之 道， 悟 者 自 得。
Zhen chang zhi Dao, Wu zhe zi de.
The Dao of true permanence: those who understand naturally achieve it.

得 悟 道 者， 常 (清 靜 矣。)
De Wu Dao zhe, Chang (qing jing yi.)
Those who achieve realization of the Dao, will rest forever in the pure and tranquil.

